## The Elms Sport In Schools - PPA Termly Overview (Summer)



|                  | Early Years/Year 1  | Year 2  | Year 3   | Year 4   | Year 5   | Year 6   |
|------------------|---|---|--|--|--|--|
| Week<br>1        | Ball Games Throwing & retrieving  | Ball Games Throwing & retrieving  | Cricket Bowling technique  | Cricket Batting – timing & direction   | <b>Tennis</b> Forehand – speed, direction  | <b>Tennis</b> Forehand & backhand  |
| Week<br>2        | <b>Ball Games</b><br>Striking a ball - equipment  | Ball Games Striking a ball, using equipment   | Cricket Batting technique  | Cricket Bowling – line & length  | <b>Tennis</b> Backhand – speed, direction  | <b>Tennis</b> Serving – speed, direction   |
| Week<br>3        | Ball Games Throwing at targets  | <b>Ball Games</b> Throwing at targets   | Cricket Batting & bowling  | Cricket Fielding – reaction/slips  | <b>Tennis</b> Serving & Volleys  | <b>Tennis</b><br>Rally   |
| Week<br>4        | <b>Ball Games</b> Throwing at targets, scoring  | Ball Games Throwing at targets, scoring   | <b>Cricket</b> Fielding – general skills   | Cricket Fielding – outfield  | <b>Tennis</b><br>Rally   | <b>Tennis</b><br>Match Play  |
|                  | -   | -   | -  | -  | 4 week assessment  | 4 week assessment  |
| Week<br>5        | SAQ & reaction  | SAQ & reaction  | Cricket Small-sided games  | Cricket Small-sided games  | <b>Tennis</b><br>Match Play  | <b>Tennis</b><br>Match Play  |
| Week<br>6        | Running & changing direction  | Running & changing direction  | Cricket Small-sided games  | Cricket Small-sided games  | <b>Tennis</b><br>Match Play  | <b>Tennis</b><br>Match Play  |
|                  | 6 week assessment   | 6 week assessment   | 6 week assessment  | 6 week assessment  | -  | -  |
| Week<br>7        | Roll Games<br>Stopping a moving ball  | Roll Games<br>Stopping a moving ball  | <b>Athletics</b> Running – sprints   | <b>Athletics</b> Running – long distance   | Athletics Running – long distance  | Athletics  |
|                  |   | 3 4 4 5 4 4   | Koriiiiig spiiiiis   | Romining long distance   | Romining – long distance   | Running - sprints  |
| Week<br>8        | Ball Games<br>Throwing for distance   | Ball Games Throwing for distance  | Athletics Throwing – javelin & shot  | Athletics Jumping – long & triple  | Athletics Running – sprints  | Tennis Running - relays  |
|                  |   | Ball Games  | Athletics  | Athletics  | Athletics  | Tennis   |
|                  |   | Ball Games  | Athletics  | Athletics  | Athletics Running – sprints  | <b>Tennis</b> Running - relays   |
| 8<br>Week        | Throwing for distance  -  Athletics   | Ball Games Throwing for distance  Athletics   | Athletics Throwing – javelin & shot  - Athletics   | Athletics Jumping – long & triple  - Athletics   | Athletics Running – sprints  4 week assessment  Athletics  | Tennis Running - relays  4 week assessment  Athletics  |
| 8 Week 9         | Throwing for distance  - Athletics Individual running  Athletics                              | Ball Games Throwing for distance  Athletics Individual running  Athletics                               | Athletics Throwing – javelin & shot  - Athletics Jumping – long & triple  Athletics                                | Athletics Jumping – long & triple  - Athletics Jumping – sprints  Athletics                                    | Athletics Running – sprints  4 week assessment  Athletics Running – relays  Athletics                            | Tennis Running - relays  4 week assessment  Athletics Running – long distance  Athletics                           |
| 8 Week 9 Week 10 | Throwing for distance  -  Athletics Individual running  Athletics Running in teams  Athletics | Ball Games Throwing for distance  - Athletics Individual running  Athletics Running in teams  Athletics | Athletics Throwing – javelin & shot  Athletics Jumping – long & triple  Athletics Relay – baton changes  Athletics | Athletics Jumping – long & triple  Athletics Jumping – sprints  Athletics Throwing – javelin & shot  Athletics | Athletics Running – sprints  4 week assessment  Athletics Running – relays  Athletics Throwing events  Athletics | Tennis Running - relays  4 week assessment  Athletics Running – long distance  Athletics Jumping events  Athletics |