



Millbrook Primary School

Bonneygrove and Millbrook Primary Federation

Gews Corner, Cheshunt, Herts. EN8 9BX

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10th September 2026

Dear Parents and Carers,

Allergies, Food Intolerances and Dietary Requirements

The health, safety and wellbeing of every child across Bonneygrove and Millbrook Primary Federation is extremely important to us. We want to ensure that children with food allergies, intolerances or other dietary requirements are supported appropriately and can enjoy school meals safely.

If your child has a food allergy, food intolerance or a specific dietary requirement, we ask that you make Herts Catering Ltd (HCL) aware of your child's needs.

HCL provides the catering service within our schools and has a dedicated process for supporting children who require an adapted or special diet.

Parents and carers should visit the HCL Allergies & Nutrition page and follow the guidance to notify HCL of their child's requirements:

HCL Allergies & Nutrition:

<https://www.hcl.co.uk/allergy-overview>

The website provides information about:

- how HCL manages food allergies and intolerances;
- how to request a special or adapted menu for your child;
- the information that parents and carers may need to provide; and
- how HCL works to ensure that appropriate meals can be provided safely.

Please do not wait until your child is due to have a school meal to inform HCL. If your child has an allergy, intolerance or dietary requirement, completing the HCL process as early as possible helps ensure the appropriate arrangements can be put in place.



Where a child has a significant or potentially life-threatening allergy, including a risk of anaphylaxis, parents and carers should also inform the school directly. This allows us to work with you to ensure that appropriate healthcare plans, medication, risk assessments and emergency arrangements are in place.

We recognise that managing a child's allergy or dietary need can sometimes feel worrying. Our aim is to work closely with families and HCL so that children feel safe, included and well supported throughout their school day.

Thank you for helping us to keep all of our children safe.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'C Hamilton', written in a cursive style.

Mr Craig Hamilton

Executive Headteacher

Bonneygrove and Millbrook Primary Federation