



MILLBROOK PRIMARY SCHOOL

TUESDAY 5TH SEPTEMBER 2023

Dear Parent and Carers,

I am delighted to be able to write my first newsletter as Headteacher of Millbrook Primary School. I feel extremely honoured to continue the great work that has been achieved at the school. I am thankful for the support from parents of the school and know that our continued strong partnership will ensure the school continues to grow in strength. It is my intention with my committed staff that every child at Millbrook receives the best education that enables them to achieve the very best for themselves.

I am excited about the journey ahead and very proud to be sharing the journey with you and assure you of my best intention for the whole school community.

Yours truly,

Jespy Pereira Barker
Headteacher



Our school's governors are volunteers who work together for the benefit of Millbrook Primary School.

We are currently looking for a new Parent Governor and would be delighted to hear from any parent who may be interested.

To be a governor you will need:

- 1) To have a child currently in Millbrook school
- 2) To be interested in education and in our school in particular
- 3) Want to play a part in improving our school
- 4) Willing to give some of your time to Millbrook to attend meetings, training and school events.

If you are interested, please speak to Mrs Pereira-Barker or Mrs Lovatt for more information.



JOIN THE PTA

HELP WANTED

If you are interested in joining Millbrook Primary schools PTA, please speak to the office. Together we can run some fabulous school events and raise much needed funds for our school!! Our first meeting will take place at our McMillan Coffee morning, date will be confirmed shortly.

School Snack Guidelines

Most children require a snack at morning break to keep them going through the day.

We encourage children to bring in a healthy snack to enjoy on the playground at break time. Many of these will help contribute to their 5 daily portions of fruit and vegetables, keep them alert and help them concentrate. It can be hard during the week to think of suitable items for them to bring in to school, but we are aiming, with the help of the children, to not only support them in making healthy choices regarding snacks, but to also reduce food packaging and waste.

Providing snacks in a small, named, recyclable container is ideal. Children in EYFS and KS1 have a daily snack of fruit or veg provided for free by the government, so additional snacks for these ages may not be required.

If you are intending to send in healthy snacks with your child, please limit them to the list below.

Vegetable sticks – such as celery, cucumber, peppers or carrot, a range of colour ensures different vitamins and minerals.

A piece of fresh or dried fruit, high in soluble fibre and vitamins would also be a great snack– pineapple, mango, kiwi, plain raisins, apricots, blueberries, apples or banana.

Alternatively children can bring in a tube yoghurt.

We are aiming for a common-sense approach, with the key being to keep it healthy and no chocolate, sweets or crisps.

We need the children to stay hydrated and so please ensure they bring a named water bottle into school daily. Squash and fruit juice are not permitted. We hope that with your help, we can encourage the children to develop healthy eating habits that become a normal part of everyday life. By keeping high calorie snacks to a minimum and establishing healthy eating habits early on, improvements can be made for a child's quality of life both in the short and long term.



UNIFORM

Please ensure children attends school each day in their Millbrook school uniform. Millbrook uniform can be purchased through myclothing.com website or plain/non logoed items can be purchased from any supermarket. Any problems purchasing the correct uniform please speak to the office.

PE KIT: Navy Blue shorts or jogging bottoms, white t-shirt, a navy blue sweatshirt and trainers.

BOYS UNIFORM: Grey trousers or shorts, white polo t-shirt, a navy blue sweat-shirt and black shoes.

GIRLS UNIFORM: Grey skirt or trousers, white polo t-shirt, a navy blue sweatshirt or cardigan and black shoes. In the summer girls may wear a light blue summer dress,

SCHOOL UNIFORM



PE KIT



Uniform expectation on PE Days

Children are permitted to wear their PE Kit to school on days they have a PE lesson, A timetable will be sent out to confirm lesson days.

Please ensure children are wearing the correct PE kit, a **PE day is NOT a non uniform day** and children are not allowed to wear their own clothes.

FREE SCHOOL MEALS

If you believe your child is entitled to receive benefit related free school meals, you will need to apply at [Free school meals | Hertfordshire County Council](#)

Please be reminded that universal free school meals are for children from reception to year 2. Any child moving from Year 2 to Year 3, that has previously applied for free school meals will need to reapply.



Your child could get a Free School Meal (FSM)

Your child could be eligible for a FSM if you satisfy the qualifying benefit criteria

Why apply for a FSM?

- Your child will receive a healthy nutritional meal
- It will not cost you a penny
- Applying is quick and easy

How do I Apply?

Apply by visiting www.hertfordshire.gov.uk/freeschoolmeals and selecting the following tab. (You will need your National Insurance Number or Home Office number to hand).

Qualifying Benefits for FSM

- Income Support
- Income based Jobseekers allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guaranteed element of State Pension Credit
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit and you don't get more than £16,190 a year)
- Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- Universal Credit (with annual earned income of no more than £7,400 a year after tax and not including any benefits you get). This includes those who had free school meals whilst on Universal Credit before April 1st 2018 even if earnings are above that £7400 figure.

If your child is eligible for free school meals, they'll remain eligible until March 2023, or until they finish their current phase of schooling (primary or secondary), if that's after March 2023.

[Apply for free school meals \(Year 3 and older\) >](#)

Did you know?

Registering for a FSM helps schools identify anyone on low income; the school can then claim additional funding from the government, which can help towards extra computers, books, trips out and staff etc.

SCHOOL MILK SUPPLIED BY COOL MILK

If your child is over the age of 5 years old and would like to have milk during the school day, please register at www.coolmilk.com



FREE and subsidised school milk

Register your child today!

Is your child entitled to FREE milk?

Child under 5?

Every child under the age of five is entitled to FREE school milk.

 Register your child online for FREE school milk today.

Child over 5?

Every child over the age of five is entitled to milk at a subsidised price of around £18 per term.

 Register online now and you can pay straight away!



Register your child for school milk today.

Sign them up in a few clicks...



Go online and quickly register your child for school milk at www.coolmilk.com



Need help? Contact our Customer Service team on 0800 321 3248 or via email at registrations@coolmilk.com

Cool Milk
www.coolmilk.com

The UK government continues to support school milk. Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme. Company registration no. 3603430 England

Cool Milk
www.coolmilk.com